

What is a Swing Bed

- Swing Bed is a term used to describe the use of inpatient hospital bed for either acute or skilled level of care
 - Applies to rural hospitals with fewer than 100 beds
 - Swing Bed status must be granted by CMS



Critical Access Hospital – Swing Bed

- The CAH has a Medicare provider agreement
- Total number of beds do not exceed 25 inpatient beds
- The CAH has not had a swing bed approval terminated within two years prior to application
- The CAH meets the swing bed conditions of participation for skilled nursing facility (SNF)



Swing Bed Requirements

- CAH swing beds treated as extended care SNF and subject to:
 - Part A coverage, deductible, coinsurance
 - Physician certification/recertification requirements
 - Exempt from SNF PPS Consolidated Billing
 - **No** Minimum Data Set (MDS) assessment required



Swing Bed Requirements

- Extended Care services must be provided directly or under arrangement,
 - Nursing care provided by or under the supervision of registered professional nurse
 - Physical Therapy (PT), Occupational Therapy (OT) and Speech Language Pathology (SLP)
 - Room and board



Swing Bed Requirements

- Medical social services
- Drugs, biologicals, supplies, appliances, and equipment, furnished for use in swing bed
- Other services necessary to the health of the patients as are generally provided by a SNF



Operational Benefits of CAH Swing Bed

- Increased in-house services for the community
- Physicians can easily monitor their patients without moving them
- Keeps patients in the community
- Helps to manage Nursing hours with less drastic fluctuation due to low census
- Cost-based reimbursement
- No length of stay requirements
- Decreased rehospitalizations



Patient Benefits of CAH Swing Bed

- Improved patient care
 - Opportunity to identify patient needs to ensure safe and sustainable return home
 - More time for training, demonstration, return demonstration, education to patients and family and discharge planning
 - Increased patient/family satisfaction ("not thrown out")
 - Willingness to go to a skilled level of care while meeting their needs for a longer inpatient stay



Swing-Bed Compliance

- Resident Rights;
 - Notice of Rights and Services
 - Free Choice
 - Privacy and Confidentiality
 - Work
 - Mail
 - Access to Visitation Rights
 - Personal Property
 - Married Couples



Swing-Bed Compliance

- Admission, Transfer and Discharge Rights
- Resident Behavior and Facility Practices
 - Restraints
 - Abuse
 - Staff treatment of residents



Swing-Bed Compliance

- Activities
 - Must be directed by a qualified professional
 - Stated certified
 - Therapeutic recreation specialist
 - OT/COTA
 - Activities Director (recognized accrediting body)



Swing-Bed Compliance

- Social Services
- Discharge Summary
- Specialized Rehabilitation Services
- Dental Services



Swing-Bed Compliance

- Federal Register: Appendix W
 - Regulations and Interpretive Guidelines for CAH
 - Index: 485.608 – 485.643
 - Regulations and Interpretive Guidelines for Swing beds in CAHs
 - Index: 485.645 and 483.10 – 483.55





Coverage Criteria





Medicare Benefits

- Enrolled in Medicare Part A
 - Has days available to use
 - 100 days total for skilled care per spell of illness
 - First 20 days at 100%
 - Day 21 to 100 is 80% covered with 20% payable by secondary insurance or self pay
 - These days are accumulative for the same or new condition in a consecutive stretch of days





Technical Eligibility

- Patient must be Medicare Part A eligible
- Three consecutive day qualifying stay in acute hospital (3 midnights) within the last 30 days
- Has skilled needs related to the condition which was treated or arose during the qualifying stay
- Has days in benefit period



30-Day Transfer Rule

- Transfer to skilled care services within 30 days after discharge from qualifying hospital stay;
 - Discharge from an inpatient bed
 - Discharge from another acute hospital
 - Discharge from another swing bed
 - Discharge from SNF
- Day of discharge is not counted in the 30 days



Medical Appropriateness Exception

- Transfer to SNF must occur within 30 days of discharge from hospital stay
- Exceptions
 - When continuation of treatment initiated during the hospital stay is necessary & proper documentation is obtained from the physician before hospital discharge & SNF admission



Medical Appropriateness Exception

- When an established pattern of treatment for a particular condition indicates a covered level of SNF care will be required within a pre-determinable time frame (as such, the treatment is considered "medically predictable")
- When the patient begins receiving such care within that predetermined time frame



Example: Hip Fracture

- Hospital discharge summary must include language to describe the treatment & timeframe
 - “Skilled therapy services will be required & should begin in 4 – 6 weeks, when weight bearing can be tolerated”



Four Factors of Clinical Eligibility

1. The patient requires skilled nursing or rehabilitation, i.e., services that must be;
 - Are ordered by a physician
 - Require the skills of a qualified technical or professional health personnel.
 - Must be provided directly by or under general supervision of skilled nursing or rehabilitation personnel to ensure patient safety and to achieve the medically desired result.
 - For a condition, which arose while receiving care for a conditions for which he received inpatient hospital services.



Four Factors of Clinical Eligibility

2. The patient requires these services on a daily basis;
 - Skilled Nursing Services 7 X week
 - Skilled Rehabilitation Services at least 5 X week
3. As a practical matter, considering economy & efficiency, the daily skilled services can be performed only on an inpatient basis in a SNF
4. The services must be reasonable and necessary for the treatment of a patient's illness or injury. The services must be reasonable in terms of duration and quantity



Factors Determination

- If any one of these four factors is not met, a stay in a SNF, even though it might include the delivery of some skilled services, is not covered
- The MAC will first consider whether a patient needs skilled care.
- If a need for skilled service does not exist, then the “daily” and “practicable matter” requirements are not addressed



Determining Skilled Services

- Skilled level of care is usually required because of the patient's condition, which may:
 - Be unstable
 - Require complex treatment
 - Be associated with multiple unskilled problems which demand professional management
 - Be a chronic situation that confines the patient and requires ongoing nursing decisions about services on a daily basis or
 - Terminal, meeting the requirements of skilled care.



Skilled Nursing Services

- Direct Skilled Nursing Services
- Care Plan Management
- Observation and Assessment
- Teaching and Training



Direct Skilled Nursing Services

- IV medication such as antibiotics for infections
- Daily respiratory therapy requiring inhalation meds
- Naso-pharyngeal and tracheostomy suctioning
- Unstable nutritional support requiring enteral tube feeding – PEG or NG
- Diabetic requiring frequent insulin changes, diet modification
- IV hydration
- Wound care

*not an all inclusive list



Care Plan Management

- A care plan must be developed for every patient admitted to the SNF. Care Plan management defined as skilled nursing is as follows:
 - When the patient's condition requires skilled nursing personnel to:
 - Meet medical needs
 - Promote recovery
 - Ensure Medical safety



Care Plan Management

• An aged patient recovering from pneumonia, is lethargic, disoriented and has residual chest congestion and is confined to bed due to weakness. To decrease the chest congestion, the physician has prescribed frequent position changes. While the chest congestion alone would not represent a high risk factor, the patients immobility, weakness and confusion represent a high probability of relapse. In this situation, skilled overseeing of the non-skilled services would be necessary pending the elimination of the chest congestion, to assure the patient's medical recovery and safety.



Observation and Assessment

- When reasonable probability for complication or potential for further acute episodes exists, skilled nursing personnel are required
 - To identify and evaluate the need for modification of treatment
 - To initiate additional medical procedures
 - Until the treatment regimen is essentially stabilized



Observation & Assessment

- A patient with ASCVD and CHF requires close observation by skilled nursing personnel to monitor for signs of decompensation, abnormal fluid balance, or adverse effects resulting from prescribed medication. Skilled observation is needed to determine if the digitalis dosage should be reviewed, or if other therapeutic measures should be considered until the patient's treatment regimen is essentially stabilized.



Observation & Assessment Patient Types

- Seizure Disorder
- Nutritional risk
- Dehydration
- Medication management
- URI
- Blood sugar control
- Peripheral vascular disease



Observation & Assessment

- Beware! Psychiatric Diagnoses
 - Skilled observation may be required for primary conditions which are psychiatric in nature, or for patients who in addition to their physical problems have a SECONDARY PSYCHIATRIC DIAGNOSIS.



Observation & Assessment

- Psychiatric Diagnoses
 - These patients may exhibit acute psychological symptoms such as depression, anxiety or agitation, which requires skilled observation and assessment for indications of suicidal or hostile behavior.
 - The purpose of nursing observation and assessment in these psychiatric cases is to IDENTIFY THE POTENTIAL FOR HARMFUL BEHAVIORS



Teaching & Training

- Care Plan teaching/training programs
- Use a flow sheet or MAR to document when teaching occurred
- Document response to teaching/training
- Include return demonstrations, if applicable



Teaching & Training

- Self-catheterization
- Self-administration of G-tube feeding
- Brace, splint, orthotic and associated skin care
- Care of specialized dressings or skin treatments
- Self-injection of medications
- Self-administration of medical gases
- Ostomy care
- Central Venous Line maintenance (Hickman Cath)



Nursing Services – Not Skilled

- Oral medications
- Maintenance of colostomy or ileostomy – unless new
- Dressing changes for uninfected post-operative or chronic conditions
- Prophylactic and palliative skin care



Rehabilitation Services

- When rehabilitation services are the primary services, the key issue is whether the skills of a therapist are needed. The deciding factor is not the patient's potential for recovery, but whether the services needed require the skills of a therapist or whether non-skilled personnel can carry out the services.





Admission Criteria





Physician Orders

- CMS State Operational Manual states
 - “there must be discharge orders from acute care services.... and subsequent admission orders to a swing-bed status regardless of whether the patient stays in the same facility”.





Physician Certification

- Initial certification
 - Must be obtained upon admission or as soon thereafter as, reasonable and practical
 - Routine admission orders are not sufficient
 - Must be a separate signed statement indicating the need for daily skilled care.



Physician Certification

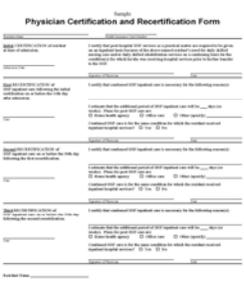
- Who may sign
 - Attending physician
 - Physician on staff with knowledge of the case
 - Physician Assistant
 - Nurse practitioner
 - With no direct or indirect employment relationship
 - Clinical nurse specialist
 - With no direct or indirect employment relationship



Re-certification Requirements

- Recertification statement must contain
 - Reason for continued need for skilled services
 - Estimated period of time
 - Post SNF discharge plans
 - Physician attestation that skilled care continues for a condition that was treated in the hospital.
 - First re-certification no later than day 14
 - Subsequent re-certifications not to exceed 30 days





- Physician Certification



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Physician Documentation

- Certification and recertifications for skilled care
- Orders
- History and Physical
- Admit/Discharge Summaries



Physician Documentation

- Reason for Swing Bed admission can be found in any of the following;
 - Acute discharge summary
 - Swing bed H&P
 - Hospital H&P
 - Swing Bed admission progress note
 - On-going progress notes for need of continued swing bed services



Physician Documentation

- The Admission Progress Note or admitting information should include the following:
 - Systems Review
 - Impressions/Diagnosis
 - Plan of Care (Clinical or Rehab)
 - Anticipated Progress
 - Anticipated Discharge Plans
 - Estimated Length of Stay (LOS)



Physician Visits

- Swing Bed visits should be billed using nursing facility CPT codes:
 - Admission (99304-99306)
 - Subsequent Nursing Facility Care (99307-99310)
 - Nursing Facility Discharge Services (99315-99316)
 - Annual Nursing Facility Reassessment (99218)



Swing Bed Documentation



The Importance of Documentation

- The link between care delivery and payment for care provided
- Supports the need for and delivery of skilled services provided



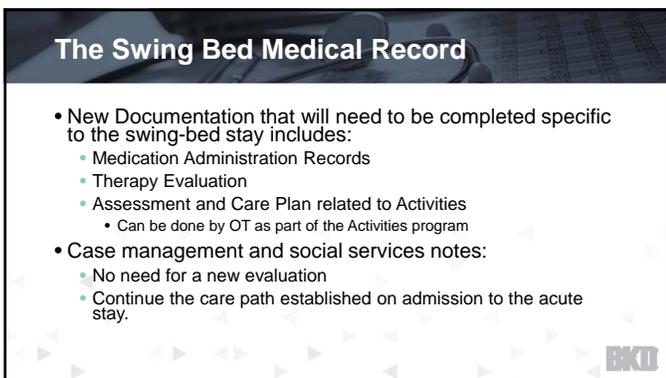
“ if the patient does not change facilities, the same chart can be utilized but the swing-bed section of the chart must be separate with appropriate admission orders, progress notes, and supporting documents”.

CMS STATE OPERATIONS MANUAL



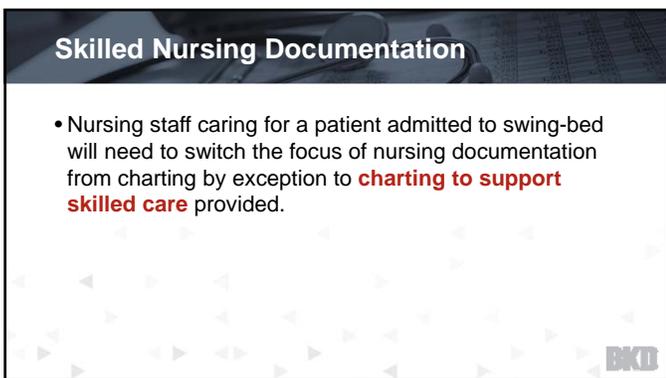
The Swing Bed Medical Record

- New Documentation that will need to be completed specific to the swing-bed stay includes:
 - Medication Administration Records
 - Therapy Evaluation
 - Assessment and Care Plan related to Activities
 - Can be done by OT as part of the Activities program
- Case management and social services notes:
 - No need for a new evaluation
 - Continue the care path established on admission to the acute stay.



Skilled Nursing Documentation

- Nursing staff caring for a patient admitted to swing-bed will need to switch the focus of nursing documentation from charting by exception to **charting to support skilled care** provided.



Skilled Nursing Documentation

- Admission Assessment
- Nursing Notes
 - Medicare regulations once every 24 hours
 - Recommend every shift
- Nursing Documentation
 - Needs to clearly support the skilled need
 - All UR meetings should be documented in patient medical record with a synopsis of progress



Skilled Nursing Documentation

- Admission Note
 - Medicare Part A coverage
 - Reason for coverage
 - Prior Level of Function (PLOF)
 - Current Level of Function (CLOF)



PLOF Assessment

- Can be located anywhere in the medical record. Usually found in various locations.
- Establishes a "baseline" for the patient prior to acute admission.
- Once it is established that there has been a decline in the patient's function, this allows for therapy services to evaluate for needed services.



PLOF Assessment

- Some important information (not exhaustive):
 - Where were they living?
 - What was their ADL status?
 - What was their ambulatory status? Any Assistive Devices?
 - Were they driving?
 - Were they doing their own shopping?
 - Were they paying their own bills?
 - How was their intake of nourishment and hydration?
 - Were there any cognition issues? Confusion?



Skilled Nursing Documentation

- If Rehabilitation primary skilled services, Nursing documentation needs to address;
 - Patient **Participation** in Therapy
 - Patient **Tolerance** of Therapy
 - Patient **Progress** in Therapy
- Nursing documentation should not conflict with therapy



Electronic Medical Records

- Only as good as the processes that it supports and the people who use it
- Pros and Cons to use
- Increased risk for HIPAA violations
- Doesn't replace a good narrative note
- Not defensible in court



Rehabilitation Documentation

- Evaluation
- Certification & Recertification of Plan of Care
- Treatment notes
- Progress notes
- Discharge note or summary

CMS IOM Publication 100-02, chapter 15, Section 220.3



Rehabilitation Documentation

- Physician Order Required
 - For Evaluation and Treatment
- Physician Signature on Plan of Care
 - Signature must be obtained in a reasonable amount of time.
 - Signature must be obtained prior to filing Medicare claim.
 - Faxed signatures are acceptable



Rehabilitation Documentation

- Evaluation
 - Presenting complaint or condition
 - Date of onset
 - Date services started
 - Prior therapy
 - Prior/current level of function
 - Objective
 - measurable



Rehabilitation Documentation

- Plan of Care (POC)
 - Diagnoses
 - Treatment goals
 - Therapy services
 - Modality
 - Frequency
- May be combined with the evaluation



Rehabilitation Documentation

- Treatments must be:
 - Reasonable and necessary
 - Within acceptable standards of practice to be a specific and effective treatment of the patient's condition
 - Services provided must be at the level of complexity and sophistication that only a licensed therapist can perform.
 - Amount, frequency, and duration of treatment must be reasonable
 - Therapist should regularly re-evaluate the condition and adjust the treatment plan as needed.



Skilled Rehabilitation - Example

An 80-year old, previously ambulatory, post-surgical patient has been bed-bound for 1 week, and, as a result, had developed muscle atrophy, orthostatic hypotension, joint stiffness and lower extremity edema. To the extent that the patient requires a brief period of daily skilled physical therapy to restore lost functions, those services are reasonable and necessary.



Rehabilitation Documentation

- Progress Notes
 - Once every 10 treatment days
 - More frequent notes are allowed
 - Written by therapist
 - At least one per period
 - Objective and measurable data



Ancillary Care

- Respiratory care
- Nutritional therapy
- Case management/Social work
- Include:
 - Screening tools, Assessments
 - Plans of care
 - Notes



Swing Bed Documentation

- Think Skilled not Acute
- Encourage participation in Activities and Therapy
- Encourage to wear personal clothing
- The goal is discharge to home or a lower level of care





Non-Coverage Notices

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Providing Notice of Non-Coverage

- Medicare beneficiaries who are discharged from one level of care to a lower level of care must be notified of their right to appeal the change in care level as well as financial responsibility.

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CMS Approved Notices

- Swing-Bed Programs
 - Hospital-Issued Notice of Non-coverage (HINN) 1 or Preadmission/Admission HINN
 - Expedited Determinations (EDs)
 - Notice of Provider Non-Coverage (Generic Notice or NOMNC Letter – form CMS-10123)
 - Detailed Notice (DENC – form CMS-10124)

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Expedited Review Process

- CMS provides both PDF & Word versions of NOMNC on BNI webpage;
<https://www.cms.gov/Medicare/Medicare-General-Information/BNI/FFS-Expedited-Determination-Notices.html>
- There is a parallel expedited process for Medicare Advantage
 - See Chapter 13 of Medicare Managed Care Manual (CMS Pub.100-16)
http://new.cms.hhs.gov/BNI/06_FFSEDNotices.asp#TopOfPage



HINN 1

- Issued before providing non-covered inpatient hospital and /or swing bed services that:
 - Are not reasonable and necessary
 - Could be safely provided in another setting
 - Constitute custodial care
- Beneficiary is liable, if admitted for customary charges for all services furnished during the stay
- Must be issued before 3pm for charges that day



NOMNC

- Notice of Medicare Provider Non-Coverage (NOMNC)
 - Expedited Determination (ED)
 - Effective October 1, 2005
 - Must be given 2 days before the last day Medicare services will be provided



Expedited Review Process

- Clarification on use of NOMNC
 - Not provided for reduction of services but when Medicare coverage of all services will end
 - Not required for transfer to more intense level of care (acute hospital) or to another SNF for skilled services
 - Given even when Medicare is secondary payer
 - If beneficiary incompetent, deliver to individual authorized under State law to make health care decisions on behalf of beneficiary



Expedited Review Process

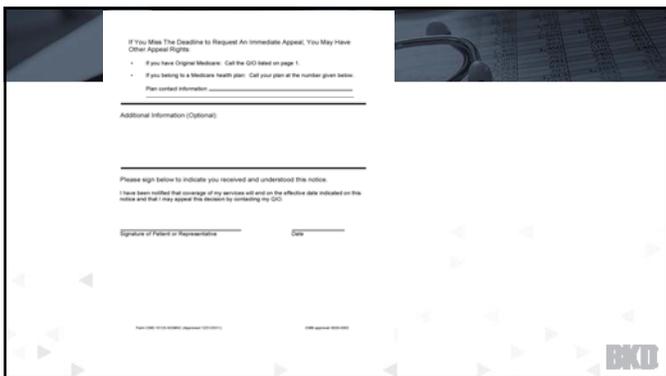
- Clarification on use of NOMNC
 - Not required when beneficiary exhaust benefits
 - Not required when the beneficiary ends care on own initiative
 - Not required when Provider discontinues care for business reasons

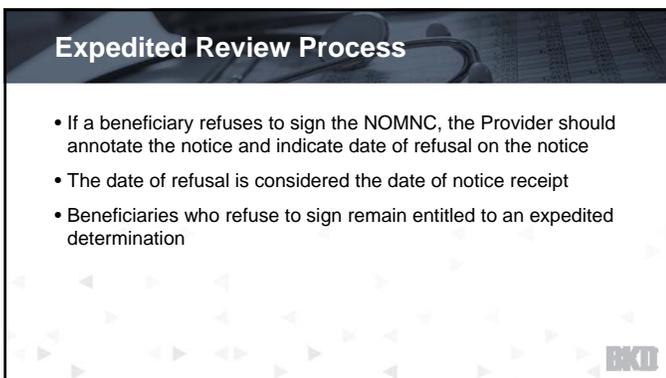


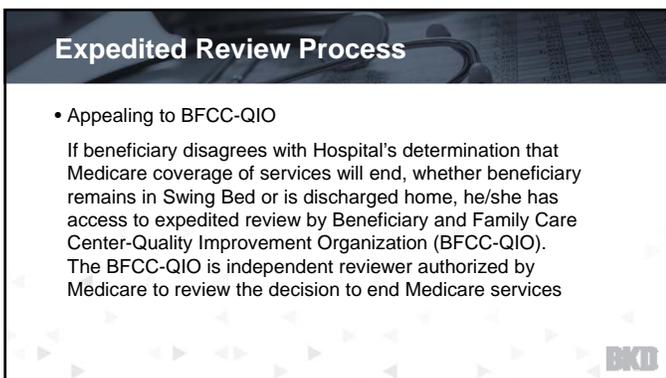
Expedited Review Process

- Alterations to the NOMNC
 - Replications of notice must mirror notice posted on BNI website, including structure, wording & font size
 - Handwriting is permitted so long as it is legible & approximately as large as 12-point font
 - NOMNC must remain two pages
 - Providers may customize with business logo and contact information









BFCC-QIO

- Texas Region 3
- KEPRO
 - 5700 Lombardo Center Dr., Suite 100
 - Seven Hills, OH 44131
 - Toll-free phone number: 844-430-9504
 - Fax number: 844-878-7921



Phone Notification of NOMNC

- Calls to representative at least two days prior to end of covered services
- Inform of beneficiary's right to appeal and telephone number of BFCC-QIO
- How to appeal and the deadline to request an appeal



Phone Notification of NOMNC

- Document on NOMNC;
 - Name of staff initiating contact
 - The name of representative contacted and telephone number
 - Date, time and method of contact
 - A copy of the annotated NOMNC should be mailed the day telephone contact is made
 - The original should be retained in the medical record.



Phone Notification of NOMNC

- BKD recommends all NOMNC communication be sent certified mail, return receipt requested.



Expedited Review Process

- A beneficiary
 - Who disagrees with the termination of services may request the expedited determination
 - Must contact the BFCC-QIO by noon of the day before the effective date on the NOMNC in order to receive a review within 72 hours.
 - If the request is untimely the BFCC-QIO is not required to meet the 72 hour deadline.



Expedited Review Process

- BFCC-QIO notifies Swing Bed that beneficiary has requested expedited determination
- Swing Bed must provide beneficiary with Detailed Explanation of Non-Coverage (DENC), referred to as "Detailed Notice"
- Detailed Notice should be provided to beneficiary by no later than close of business on day BFCC-QIO notifies Swing Bed of requested expedited determination



Insert contact information here

Detailed Explanation of Non-coverage

Date _____

Patient name _____ Patient number _____

This notice gives a detailed explanation of why your Medicare provider or other health plan has suspended Medicare coverage for your current services above and beyond the end of the decision on your appeal. The decision on your appeal will come from your Quality Improvement Organization (QIO).

We have reviewed your case and decided that Medicare coverage of your current (benefit type) services should end.

- The facts used to make this decision:
- Detailed explanation of why your current services are no longer covered, and the specific Medicare coverage rules and policy used to make this decision.
- Plan policy, provision, or rationale used in making the decision (health plan only)

If you would like a copy of the policy or coverage guidelines used to make the decision or a copy of the documents sent to the QIO, please call us at (benefit provider list, see telephone numbers)

Form CMS-5073a-DENCL (approved 10/2017) 1088 Approval No. 1008-1003



Expedited Review Process

- BFCC-QIO is responsible for establishing contact with Swing Bed so beneficiary's medical records can be used in making determination
- Swing Bed must provide BFCC- QIO with copies of both notices provided to beneficiary (NOMNC & DENC)
- QIO makes decision on coverage & informs involved parties generally within 72 hours



Expedited Review Process

- Beneficiary may request reconsideration of BFCC-QIO decisions by Qualified Independent Contractor (QIC) under similar process
- When QIO/QIC makes decision at end of review, Swing Bed can then bill for period that was reviewed in accordance with QIO/QIC decision on coverage for that period
- Standard claim appeal rights still apply to these claims





Swing Bed Payment





CAH – Swing Bed

- Cost-based paid at 101% of reasonable cost.
- Coinsurance and deductible are applicable for inpatient CAH payment.
- Bill Type 18X or 21X
- All charges are included on the claim





Swing Bed Services

- Routine Services
 - Room and board
 - Nursing care
 - Medical Social Services
 - Minor medical supplies
 - Psychiatric social services



Swing Bed Services

- Ancillary
 - Rehabilitation therapy
 - Physician monitoring
 - Laboratory services
 - Diagnostic services
 - Medication



Optimizing the Swing Bed Program



Inquiry/Initial Pre-Assessment Process

- Process should begin day 1 of acute hospital stay.
- Hospital discharge planner, along with UR committee, review all acute patients-daily
- Identify patients eligible for SB
- Notify Physician of SB eligibility
- Notify Patient or Representative



Case Management

- Case Manager/Social Services
 - Give and explain the packet to patient when discussing the change in the level of care
 - Note the review of the packet and the discussion of advance directives in the initial SB progress note
 - Act as liaison between patient/family and team and document conversations



Case Management

- Manage care needs
- Ensure stability prior to discharge
- Monitoring acute stay for 96 hour requirement or GMLOS of diagnosis
- Look at length of stay
 - Typically less than 5 days
 - Increase to 7-10 days for safe and sustainable discharge



Swing Bed Financial Utilization Results

	Medicare Days	Medicare Discharges	Medicare ALOS	Total Days	Medicare Days	Medicare Discharges	Medicare ALOS	Total Days
Acute/ICU	1,754	483	3.63	3,464	1,754	483	3.63	3,464
Swing Bed - SNF	557	93	5.99	557	929	93	10	929
Swing Bed - NF	-	-	-	-	-	-	-	-
Observation	-	-	-	528	-	-	-	528
Total Days	2,311			4,549	2,683			4,921
Total Routine Cost				4,879,006	4,879,006			
Less: Swing Bed - NF Costs				-	-			
Adjusted Total Routine Cost				4,879,006	4,879,006			
Total Days (Less Swing Bed - NF)				4,549	4,921			
Total Routine Cost Per Day				1,072.54	981.52			
Medicare Days				2,311	2,683			
Medicare Acute & Swing Bed SNF Cost				2,478,651	2,660,136			
Medicare Routine Cost Reimbursement %				51%	55%			
					181,485			



Tracking Log

- Review monthly and quarterly
- Determine percentage of admissions
- Review all patients not admitted
 - Look at reason/causal factors
 - Determine if improvement is needed
 - Determine if education of staff needed



Summary

- Risk management is essential for effective utilization of Swing Beds
 - Verify all eligibility criteria is met
 - Documentation to Support Skilled Care – Nursing &/or Rehab
 - Manage the patient stay
 - Ensure safe and sustainable discharge
 - Increase length of stay as appropriate to prevent re-hospitalizations



Questions?



Resources

- The policies for extended care services in a Swing-Bed are the same as a SNF.
- Medicare General Information, Eligibility and Entitlement Manuals
 - Chapter 3, Section 10.4
 - Chapter 4, Section 40
- Medicare Benefit Policy Manual
 - Chapter 8, Sections 10,20,& 30
 - Chapter 15, Section 220
- State Operations Manual
 - Appendix W



Thank You!



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