

RETURN TO WORK FOLLOWING TRAVEL POLICY

1. Reporting Personal Travel.

Effective March 16, 2020, and continuing until the current COVID-19 global outbreak has subsided, employees, Medical Staff members, volunteers and visitors must report to the Hospital any travel outside of the State of Texas or travel within the State of Texas to areas with sustained community spread of COVID-19 (i.e., community-acquired cases where the source of the infection is unknown).

2. Restrictions on Returning to Work after Travel.

Employees, Medical Staff members, volunteers and visitors are required to self-isolate at their residence for 14 days if the individual is returning from:

- A location designated by CDC level 3 travel warning (including airport layovers or ship ports of call); or
- A location within the U.S. with sustained community spread of COVID-19 (including airport layovers); or
- Travel on a cruise ship.

CDC travel warnings are available online at <https://wwwnc.cdc.gov/travel/notices>.

Employees, Medical Staff members, volunteers and visitors arriving from all other locations (both inside and outside the U.S.) should self-monitor for 14 days.

3. Self-isolation.

Self-isolation serves to temporarily separate people who have been in an area of public health concern to help protect their health and that of their community. Day zero of the 14-day isolation period is the day you leave a restricted location.

Individuals required by this policy to self-isolate shall:

- Not return to work or be present at Hospital locations (unless present to receive health care) until 14 days have passed.
- Report their health status daily to the Hospital's Employee Health/Infection Control nurse at _____ or _____@_____.

Individuals required to self-isolate should:

- Monitor their temperature twice a day for fever (100.4°F or higher)
- Stay home except to get medical care and call ahead before seeking medical care.
- If a cough, difficulty breathing or fever develop during the 14-day isolation period:
 - Avoid contact with others. Follow precautions to prevent the spread of the disease.
 - Call ahead before going to a healthcare facility, including _____ Hospital. Tell them about your recent travel and your symptoms.

4. Self-monitoring

Self-monitoring means people should monitor themselves for fever by taking their temperatures twice a day and remain alert for cough or difficulty breathing. If the person feels feverish or develops measured fever, cough, or difficulty breathing during the self-monitoring period, he/she should self-isolate, limit contact with others, and seek advice by telephone from a healthcare provider to determine whether medical evaluation is needed.